

# Nutrition Facts

Serving Size (14g)  
Servings Per Container

## Amount Per Serving

**Calories 60**      Calories from Fat 25

% Daily Value\*

**Total Fat 2.5g**      **4%**

Saturated Fat 1g      **5%**

Trans Fat 0g

**Cholesterol 5mg**      **1%**

**Sodium 30mg**      **1%**

**Total Carbohydrate 8g**      **3%**

Dietary Fiber 0g      **0%**

Sugars 8g

**Protein 0g**

Vitamin A 2%      •      Vitamin C 0%

Calcium 0%      •      Iron 0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    | Calories: 2,000   | 2,500   |
|--------------------|-------------------|---------|
| Total Fat          | Less than 65g     | 80g     |
| Saturated Fat      | Less than 20g     | 25g     |
| Cholesterol        | Less than 300mg   | 300mg   |
| Sodium             | Less than 2,400mg | 2,400mg |
| Total Carbohydrate | 300g              | 375g    |
| Dietary Fiber      | 25g               | 30g     |

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

# Cream Cheese Frosting

3/23/2005